

Diagnosis of immunopathologic renal disease

The participation of immune processes in the production of glomerular injury is generally accepted. The ability of the immunopathologist to readily identify and differentiate various immune pathways of injury has provided much needed insight into the mechanisms of glomerular injury and, in some cases, its etiology; it also has the potential of leading to "immunospecific" therapy. More and more, nephrology, transplantation and pathology programs are realizing the importance of immunopathologic classification of all renal disease. This is reflected in the ever increasing demand for immunopathologic services provided by groups like our own (Table 1). In this editorial we will explore the usefulness of some techniques available for detecting immune glomerular and tubular injury and see how the application of these techniques can help us identify, understand and follow the immunopathologic processes leading to renal damage.

In addition to antibody-initiated injury of the glomerulus, the recent identification of "nonimmune" complement (C) activation has caused considerable speculation regarding the roles of the properdin system, nephritic factors and microbial and parasitic products in the production of hypocomplementemia and glomerular injury mediated by mechanisms similar to those operating in immune injury. Since this will be the topic of a future editorial, this potential renal damage mechanism will not be dealt with in depth here.

Immunopathologic studies over the past 70 years, first in animals and now in man, have convincingly demonstrated two mechanisms by means of which antibodies can induce glomerular injury. In one, antibodies have specificity for antigens within the glomerular basement membrane (GBM) (so-called anti-GBM antibodies). In the other, antibodies react with circulating nonglomerular antigens and deposit passively as immune complexes in the glomerular filter. Either type of glomerular antibody deposition can result in tissue injury by bringing into play several interrelated mediator systems, including the C cascade, polymorphonuclear leukocytes and, potentially, such things as kinins, vasoactive amines and coagulation factors. These latter mediators may be of particular importance in certain anti-GBM nephritis patients who do not have glomerular C deposits (by immunofluorescence) and in experimental acute serum sickness in which C and polymorphonuclear leukocyte depletion prevents vasculitis but not glomerulonephritis. In addition to producing glomerular injury, antibodies may also react either directly with tubular basement membranes (TBM) in the form of anti-TBM antibodies or deposit in the TBM, peritubular capillaries and interstitium in the form of immune complexes, thereby providing the phlogogenic stimulus which may be responsible for the tubular and interstitial lesions

Table 1. Diagnostic renal immunofluorescence studies^a

	Renal specimens submitted per year	Glomerular immunofluorescent deposits				
		Immunoglobulin pattern, %			Complement only	Negative
		Linear	Granular	Indeterminant	%	%
1970	396	7	49	5	8	31
1971	444	5	48	6	6	35
1972	456	4	48	2	12	34
1973	660	4	50	1	11	34
Total	1956					
Mean		5	49	3	9	34

^a Tissue for these studies was submitted by nephrology and transplantation groups throughout the United States.

often observed in glomerulonephritis or interstitial nephritis.

Since both major antibody-induced mechanisms of glomerular damage can utilize similar mediators to effect injury, it is not surprising that, in general, routine clinical pathologic classifications are of little help in their differentiation. To further complicate matters, multiple histologic varieties of glomerular injury and their attendant clinical courses may be induced by a single immunologic stimulus in experimental models of glomerulonephritis such as those seen in chronic serum sickness in rabbits. A similar variability in glomerular histologic response is observed in the much more complicated immune complex type of glomerular injury which accompanies systemic lupus erythematosus (SLE). In this disease individual differences in antigen-antibody systems involved [1] might also contribute to the varied histologic response.

No light or electron microscopic features are pathognomonic of anti-GBM antibody-induced glomerular injury. Immune complex deposits, however, should be suspected in patients with increased mesangial regions thought by many to represent increased phagocytic activity. The subepithelial "spike" formation seen on silver stain in patients with membranous glomerulopathy results from extensions of basement membrane material (argyrophilic) between subepithelial immune complex deposits. At the electron microscopic level, electron dense deposits, presumed and actually shown to represent immune complex deposits, can be found in and about the GBM. For example, isolated subepithelial dense deposits or "humps" are seen frequently in acute poststreptococcal glomerulonephropathy and generalized electron dense deposits typify membranous glomerulopathy. In lupus nephritis, electron dense deposits are also frequently found in a subendothelial position, suggesting the particular antigen-antibody system involved may result in aggregates unable to pass through the GBM.

The availability of immunohistochemical methods (fluorescent and enzymatic) for detecting deposition of immunoglobulins (Ig) and other immunoreactive proteins within renal tissue has provided a relatively easy, available, and, we believe, necessary adjunct for the routine study of renal disease. These studies may be combined with elution of the antibodies [2] for *in vivo* or *in vitro* specificity studies. In addition to antibodies in glomerular deposits, circulating antibodies reactive with the GBM or nonglomerular antigens may be found. Evidence of cellular sensitivity can be sought and renal antigens in the urine detected, including those cross-reactive with the GBM. Growing interest in the possible role of nonimmune C activation

in glomerular disease has led to the use of reagents to identify glomerular bound C components, properdin and related proteins, as well as to the search for factors in the circulation capable of activating the C cascade.

Immunofluorescence techniques. Immunofluorescence, the mainstay of immunopathologic diagnosis, depends on the use of fluorochrome (fluorescein isothiocyanate, tetramethyl rhodamine isothiocyanate, etc.) labeled antibodies for detecting Ig and associated phlogogenic proteins within renal biopsy specimens. Anti-GBM antibodies react with antigens distributed throughout the GBM and deposit evenly to produce a smooth, linear pattern, while immune complexes deposit at random within the glomerular filter to produce a granular or interrupted pattern. Experimental studies indicate that about 5 μ g of diffuse linear IgG or 0.25 μ g of discrete granular antigen/g of renal tissue can be detected by the immunofluorescence technique. The deposits may be further characterized by the class and subclass of immunoglobulin involved, and the presence of various C components and fibrinogen-related antigens (FRA) as well as nonglomerular immune complex antigens. Immunofluorescence techniques can also be utilized to identify cell types such as thymus-dependent lymphocytes, so-called T cells, within cellular infiltrates as seen, for example, in rejecting renal allografts [3].

Fluorescence is a property of a substance which, upon exposure to an exciting light of a proper wavelength, will emit a secondary light of a somewhat longer wavelength. By inserting a barrier filter in the optical path, the exciting light can be suppressed, allowing viewing of the secondary light. Fluorescein, for example, has a usable absorption maxima at 490 nm and emits a secondary light at 517 nm. The intensity of the light available for fluorescence study is dependent upon the light source and the filter combinations chosen. For maximal intensity the light is transmitted to the tissue via an immersed cardioid dark field condenser utilizing as few reflecting surfaces as possible. The recent introduction of vertical illuminators utilizing dichroic mirrors with selective, reflective properties has provided a useful alternate system, one which provides good illumination, particularly at high magnifications (the objective serving as its own condenser) [4]. Many investigators are enthusiastic about this new system and its freedom from an immersed dark field condenser; however, we do not feel that it provides as intense illumination as the transmitted systems (based on photographic exposure times). For routine diagnostic evaluation, either means of illumination is adequate.

High pressure mercury or xenon light sources pro-

duce the greatest light intensities. Recently, halogen-quartz light sources coupled with some of the interference filter systems have provided a much cheaper (although weaker) source of illumination. This latter system does not allow adequate utilization of other filter systems which are helpful in differentiating specific from nonspecific fluorescence. The recently introduced interference filters, which transmit wavelengths rather selectively from around 490 to 500 nm (optimal for fluorescein) or 546 nm (optimal for rhodamine), have resulted in greater intensities of fluorescence and greater ease in detection of antibodies labeled with these fluorochromes, either in tissue or on cell surfaces. Deposits scarcely visible with older, commonly used filter combinations are often quite bright when viewed with interference filters. Indeed, in a recent comparative study, granular glomerular IgM deposits were detected with interference filters in 95% of mice compared to only 16 to 48% of the same mice viewed with the older UG1 and BG12 exciter systems, respectively [5]. In our experience with fluorescein interference filters over the past four years, the differences have not been as striking as those found in studies in the mice; however, the infrequent viewer will be impressed with the light intensities produced by these interference filter systems and the ease with which deposits can be visualized. Because of the relative sensitivities of the various filter combinations used in routine renal immunofluorescence studies, their notation is imperative for meaningful interpretation of results.

No matter what fluorescence equipment and expertise is available for this use, the final result will be only as good as the reagents used and the quality of tissue available. Florid immunoreactive deposits can often be identified with less than optimal technique; however, for detection of less obvious deposits, the greatest care must be used. Heavy chain-specific antisera for detecting Ig classes and subclasses, which lack light chain reactivity, have largely replaced crude anti-gammaglobulin sera used in early immunofluorescence studies. Fluoresceinated anti-light chain sera are also useful in studies of conditions such as amyloidosis, in which glomerular and vascular deposits can sometimes be identified as being portions of an Ig light chain [6]. Any absorptions necessary to render the antiserum specific for the antigen in question should be done with insolubilized antigen, in order to prevent the inclusion of any soluble and potentially reactive immune complexes in the final reagent. A reagent which gives the greatest intensity of fluorescence with the least background staining is necessary and can be achieved most easily by utilizing fluoresceinated reagents which have undergone ion exchange chromatog-

raphy to select a population of antibody molecules with an optimum fluorescein-to-protein ratio [7]. If one wishes to utilize commercial reagents, a satisfactory panel can be put together by screening a number of reagents from several companies, with emphasis on those purified by chromatographic techniques. Fluoresceinated-specific antibodies produced by elution from immunoabsorbants may also be used [8]. The specificity of the reagents must always be shown at the level of sensitivity of the immunofluorescence techniques by absorption with the specific antigen. Blocking with another unlabeled antibody of similar reactivity is also helpful. Reliance on gel diffusion analysis (a relatively insensitive technique) of the original antisera to determine specificity is foolhardy. Fluoresceinated antisera specific for "nonimmunologic" serum proteins (albumin, transferrin, etc.) should also be included in the panel of reagents so that nonimmunologic entrapment of serum proteins can be detected. Direct immunofluorescence techniques have sufficient sensitivity for routine renal studies, are simple to perform and require fewer controls than the more cumbersome indirect method.

Rapidly or "snap frozen" tissue (with liquid nitrogen) should be studied as soon as possible after procurement and the thinnest possible microtome sections obtained in a cryostat. Several different fixation procedures for the sections can be used, and it is important when a new technique is being tried that a variety of fixation methods as well as unfixed tissue be utilized to evaluate any untoward effects on the final result. The stained sections should be viewed in a standard way and attention paid to pattern and amount rather than intensity of fluorescence (a function of the reagent) of the deposit. The viewer should force himself to study all the structures in the section and not merely concentrate on glomeruli; tubular, interstitial and vascular deposits may be equally important. Serum proteins in tubular casts and in reabsorption droplets in tubular epithelium from patients with heavy proteinuria must be differentiated from immune deposits. Autofluorescent cellular granules, connective tissue and elastic lamina of vessels must not be confused with specific immunofluorescent deposits. Attention should be paid to any unusual autofluorescent material in the tissue; calcium deposits, for example, may exhibit a striking autofluorescence. Adequate specimens must be examined because presumed immune complex (granular) deposits may be quite "focal" and involve only a few glomeruli in a biopsy. We have occasionally seen biopsies with rather striking granular deposits in three or four of 50 glomeruli. On the other hand, granular deposits in membranous glomerulonephritis or linear deposits in

anti-GBM antibody induced nephritis are usually very uniform from glomerulus to glomerulus, so that a single glomerulus may be adequate for a tentative diagnosis.

Anti-GBM nephritis. The hallmark of anti-GBM antibodies is linear deposits of Ig, usually IgG, along the GBM [2]. Prior to severe destruction of the glomerular architecture, the deposit is very smooth and continuous; however, with advancing damage, the GBM becomes compressed, corrugated and fragmented so that continuous smooth linear deposits are no longer to be found. With experience, however, one can usually have a high degree of suspicion of the presence of anti-GBM antibodies even at late stages in the disease. The regular occurrence of focal or occasionally diffuse circumferential linear Ig deposits along the TBM is also extremely helpful in supporting a diagnosis of anti-GBM nephritis [2]. Occasionally, no Ig may be detected in the glomeruli available for study in biopsy specimens of patients with advanced anti-GBM nephritis; however, subsequent elution studies will demonstrate the presence of anti-GBM antibodies and so point out the value of this latter technique.

It is becoming increasingly clear that immunofluorescence detection of anti-GBM antibodies (linear staining) should be only the first step in making this diagnosis. Linear GBM deposits of Ig have been found in SLE [9] and often bright, but nonspecific (on elution), linear deposits of Ig (usually accompanied by albumin) have been found in the kidneys of diabetics [10], in about one-fourth of autopsy kidneys without renal disease, and not infrequently in kidneys after perfusion in preparation for transplantation [2]; all of which points out the necessity of corroborative elution studies or detection of circulating anti-GBM antibodies, or both, to support the diagnosis of anti-GBM nephritis. Certainly, the absolute necessity for a prerenal biopsy of a renal transplant for interpretation of any acute posttransplant Ig deposits is apparent.

In addition to the above conditions which may have "nonspecific" linear deposits, a significant number (about 10%) of renal biopsy specimens have a faint linear "accentuation" of the GBM when stained for IgG. This finding occurs most often in kidneys with the least histologic abnormality, so that tissue for elution studies is usually not available. Such patients do not have circulating anti-GBM antibodies and we feel that the staining merely represents an unexplained but detectable increase in the 2% IgG normally present in the GBM [11]. This finding may help explain such observations as the recently reported 13% incidence of linear staining in patients with usually benign

hematuria [12]. We would stress, however, that these patients be observed in an appropriate manner until the significance of this type of staining is better understood.

The diagnosis of anti-GBM antibody-induced nephritis can be confirmed by demonstrating circulating anti-GBM antibodies. Indirect immunofluorescence utilizing normal human or primate kidney tissue as a target has been the standard test for such antibody determinations. This method detects antibodies in 87% of patients with anti-GBM antibody induced nephritis and pulmonary hemorrhage (Goodpasture's syndrome) and in about 60% of patients with anti-GBM antibody nephritis alone [2]. Hemagglutination techniques, although probably more sensitive, have a troublesome background of as yet unexplained reactivity in patients without other evidence of anti-GBM antibody nephritis [13, 14]. Gel diffusion is occasionally successful, but is the least sensitive of the methods available. The indirect immunofluorescence assay is limited by the ready availability of normal kidney target tissue and variable degrees of reactivity between targets. It does have the advantage of detecting other reactivities in serum, such as anti-TBM antibodies, antirenal tubular brush border antibodies and antinuclear antibodies.

We have recently extended our previous observations on the use of a radioimmunoassay for anti-GBM antibodies in renal eluates [11] to detecting circulating anti-GBM antibodies. Other groups are also working in this area [15]. To date, studies have been done on 356 patients with immunofluorescence characterization of their glomerular disease. The radioimmunoassay employs radiolabeled collagenase solubilized, and partially purified GBM, which is first reacted with the patient's serum. The mixture is then reacted with an anti-immunoglobulin antiserum to precipitate the antibody bound antigen (C.B. Wilson, H. Marquardt and F. J. Dixon, in preparation). Sera from 22 patients with Goodpasture's syndrome and linear glomerular immunoglobulin deposits were reactive in the anti-GBM radioimmunoassay, including sera from two patients who had been only questionably positive by indirect immunofluorescence. The radioimmunoassay was also positive in 12 of 20 nephritic patients with linear staining who had no pulmonary involvement. In three of these patients the reactivity had been undetected by the indirect immunofluorescence assay. Neither assay was positive in the remaining eight patients, four of whom had elution-confirmed anti-GBM nephritis. With one exception, no diagnostic concentrations of circulating anti-GBM antibodies were found with either assay in 169 patients with granular (presumed immune complex) Ig deposits, including 13 with antinuclear antibodies. One patient

with granular immunoglobulin deposits had evidence of circulating anti-GBM antibodies by both radioimmunoassay and indirect immunofluorescence. This observation may be similar to that recently made by Klassen et al [16], on a patient who developed anti-GBM antibodies sometime after the onset of a classic immune complex type of membranous glomerulopathy. In addition, 19 nephritic patients with linear accentuation (IgG) of the GBM, 30 patients with glomerular C deposits alone and 96 patients with no immunofluorescent deposits failed to react in the radioimmunoassay.

The radioimmunoassay appears to be more sensitive than indirect immunofluorescence, being clearly positive in some cases when the latter is negative or equivocal. The reverse situation has not yet been observed. Direct comparison of the same positive serum sample shows that the radioimmunoassay is approximately four times more sensitive than immunofluorescence. The increased sensitivity should be helpful when patients are followed serially to determine when the anti-GBM antibodies disappear in preparation for transplantation.

Previous studies using the indirect immunofluorescence technique indicated that anti-GBM reactivity disappeared 3 to 25 months (mean, 8 months) after bilateral nephrectomy [2]. Too few observations of nonnephrectomized patients have been made to document whether nephrectomy is necessary for disappearance of circulating anti-GBM antibodies. While observations on autologous anti-GBM nephritis in sheep and early studies in man indicated that anti-GBM antibodies were more readily detected in nephrectomized subjects, further experience with patients, most of whom had advanced glomerular destruction, indicates that such kidneys have little immunoabsorptive capacity and circulating anti-GBM antibody concentrations are unaffected acutely by nephrectomy.

The fact that, to date, no sera positive by indirect immunofluorescence have failed to react in the radioimmunoassay with collagenase-solubilized GBM suggests that the reactivity of such antibodies resides in the roughly 25% of the GBM composed of non-collagenous glycoproteins. This finding would confirm previous absorption studies which indicated that positive serum reactions with indirect immunofluorescence technique could be absorbed with collagenase digested GBM [11]. Preliminary studies utilizing radio-labeled cartilage collagen do suggest, however, that occasional sera have reactivity with the collagenous portion of the GBM as well. This may help to explain why others have thought the disaccharide moiety of collagen was the nephritogenic antigen.

The radioimmunoassay has been automated and is now ready for large scale testing and screening of the nephritic population to determine the incidence of anti-GBM antibody-induced nephritis.

Various techniques to measure cellular sensitivity utilizing a patient's peripheral lymphocytes and GBM antigens may also be helpful in identifying immune responses to the GBM [13, 14, 17, 18]. There is little direct evidence, however, that sensitized cells play a role in the production of this form of glomerular injury, which can be readily produced by transferral of antibody alone.

Immunofluorescence studies suggest that anti-GBM antibodies are responsible for the glomerular injury in about 5% of the renal samples submitted to our laboratory (Table 1). The predominant Ig involved is IgG, with IgA and IgM only infrequently being identified [2]. IgG subclasses have also been studied [19, 20]. Fibrinogen-related antigen is often quite prominent in areas of crescent formation seen in the rapidly progressive form of the disease, but little FRA is usually present within glomerular capillary loops. Little is known about the events responsible for the induction of the anti-GBM response; however, a careful evaluation of toxic exposure [21] or viral infection [22] is mandatory. Experimental demonstrations that endogenous basement membrane-like materials from the urine can induce "autoimmune" anti-GBM nephritis if properly presented suggest the possibility that the inciting event might also be endogenous.

In patients with anti-GBM antibody-induced glomerulonephritis and pulmonary hemorrhage (Goodpasture's syndrome) linear Ig deposits can often be identified binding to the alveolar basement membrane; in addition, antibodies capable of reacting with the GBM have been eluted from the lungs of these patients. These observations as well as the induction of anti-GBM antibodies with lung tissue in experimental animals suggest a common mediation mechanism. Patients with immune complex glomerulonephritis occasionally have pulmonary hemorrhage so that immunopathologic classification of Goodpasture's syndrome is mandatory [23, 24]. Anti-GBM antibody-induced glomerulonephritis and pulmonary hemorrhage may present with renal abnormalities, lung abnormalities or a combination of both [2]. There is little clear evidence about which organ system is primarily involved. It is well recognized that anti-GBM antibody-induced nephritis may occur without pulmonary disease. On the other hand, we have recently observed a patient with pulmonary infiltrates, hemoptysis and anemia who was diagnosed clinically as having idiopathic pulmonary hemosiderosis. This patient had linear deposits of IgG bound along the

alveolar basement membrane and evidence of circulating anti-GBM antibodies. He has had no clinical evidence of renal involvement, although a kidney biopsy six months after his initial episode revealed linear deposits of Ig along the GBM.

Immune complex nephritis. Granular deposits of Ig usually accompanied by C are the hallmark of experimental and spontaneous immune complex glomerulonephritis in animals as well as in an ever increasing number of examples in humans (Table 2). It is thought that most of the deposits originate as circulating immune complexes; however, it is increasingly apparent from experimental studies that glomerular bound immune complexes are in dynamic equilibrium with the circulation and antibody or antigen, or both, can combine with or be dissociated from them. It is also not unreasonable to suspect that Ig-Ig aggregates (often cryoglobulins) and possibly C aggregates of the proper configuration could lodge in glomeruli in much the same way as we presume immune complexes do. Since *in situ* formation of immune complexes is thought to be involved in experimental thyroiditis in mice and in renal tubular lesions of rabbits injected with tubular antigens, a similar phenomenon might occur in glomeruli as well. For example, recent experimental studies have demonstrated clearly that antibody can react with material localized in the mesangium [25].

Care must be exercised in examining human material since granular deposition is often focal and may not involve all glomeruli. It is also difficult to be certain of the "specificity" of irregular or granular deposits of Ig and C in glomeruli that also have large amounts of FRA. If localization of the immunoreacting deposition conforms to that of the FRA, it is probable that serum proteins are merely entrapped in the fibrin coagulum, as suggested by the presence of albumin and other "nonimmunologic" proteins.

Granular deposits of Ig usually accompanied by complement are present in about one-half of the renal biopsy specimens in our ongoing study (Table 1). If from this group are selected those patients thought on historic and clinico-pathologic grounds to have glomerulonephritis (many of whom are far advanced), then the incidence of granular deposition increases to between 70 and 80%. A generalized summary of the type of deposits found in various clinico-pathologic varieties of glomerulonephritis is presented in Table 3. The pattern of deposition may be intense and generalized corresponding to the subepithelial dense deposits visualized by electron microscopy in membranous (or extramembranous) glomerulopathy, or scant and involving only segments of the GBM or mesangium in more focal glomerular lesions. Occasionally a patient with fulminant glomerulonephritis may have little or no detectable deposits within the glomeruli. Whether this

Table 2. Human immune complex glomerulonephritis

A. Immune complex glomerulonephritides in which antigen, specific antibody or both have been identified in granular glomerular immunoglobulin deposits	
Exogenous antigens	
Foreign serum proteins, drugs	Serum sickness
Streptococcal antigens	Poststreptococcal glomerulonephritis
Staphylococcal antigens	Infected ventriculoatrial shunts
Plasmodium malarial antigens	Quartan malarial nephrosis
Enterococcus	Subacute bacterial endocarditis
Australia antigen	Hepatitis
Oncornavirus-related antigen	Lymphoma-leukemia
Measles antigen	Subacute sclerosing panencephalitis
Endogenous antigens	
Nuclear antigens	Systemic lupus erythematosus
Thyroglobulin	Thyroiditis
Renal tubular antigens	Three cases of membranous glomerulonephritis in Japan, sickle cell anemia
Carcinoembryonic antigen	Colonic carcinoma
? Ig	Cryoglobulinemia
B. Conditions with presumed immune complex glomerulonephritis (granular glomerular immunoglobulin deposits) in which antigen-antibody systems should be identifiable	
Drugs	Penicillamine, gold, heroin, prophylactic inoculations
Infections	Bacterial endocarditis, leprosy, syphilis, schistosomiasis, filariasis, infectious mononucleosis, varicella, Landry-Guillain-Barré-Strohl syndrome
Neoplasia	
Sarcoidosis	

Table 3. A summary of glomerular Ig, C3 and FRA deposits in patients with glomerulonephritis (GN)^a

	Glomerular immunofluorescence
A. Anti-GBM GN	
Goodpasture's syndrome and rapidly progressive GN	Linear IgG, infrequent IgA, IgM. C3, if present, usually irregular. FRA prominent in crescents.
B. Presumed immune complex GN	
Proliferative GN, including poststreptococcal	Scattered granular IgG. Variable presence of IgA and IgM. C3 usually present and may be observed in the absence of Ig. FRA usually absent.
Rapidly progressive GN	Granular IgG, variable IgA, IgM. C3 usually present. FRA prominent in crescents.
Membranous GN	Generalized discrete granular IgG, C3, with variable IgA, IgM. FRA usually absent.
Membranoproliferative GN	Coarse peripheral C3 usually accompanied by IgG, and often IgA and IgM. FRA deposits variable.
Focal GN, including mesangial hypertrophy	Segmental granular and mesangial IgG, C3 often with prominent mesangial IgA. IgM and FRA variable.
Focal sclerosis	Segmental granular IgG, IgM, C3. IgA and FRA usually absent
Systemic lupus erythematosus	Prominent generalized or segmental granular and mesangial IgG, IgA, IgM and C3 deposits. FRA variable.
Henoch-Schonlein purpura	Prominent segmental and mesangial IgG, IgA, C3 and FRA. IgM variable.
C. Lipoid nephrosis	
Minimal change lesion	No IgG, IgA, IgM, C3, FRA deposits.

^a Useful references: 2, 26–33, 67, 69, 86–91. GBM, glomerular basement membrane; FRA, fibrinogen-related antigens

represents a loss of previously deposited material due to the intensity of the inflammatory response, or another as yet unidentified mechanism of glomerular injury, is unknown. Kidneys thought to represent end stages of glomerulonephritis may be free of Ig deposits or if the deposits are present they may be limited to the least damaged glomeruli. The few serial studies available suggest that Ig deposits may disappear as glomerular damage advances, while C deposits may remain or even intensify. It is of great interest that, in our experience, roughly 10% of nephritic kidneys have granular deposits of C alone (Table 1). The possible significance of this finding will be discussed later.

In addition to the distribution of the deposits, the class or subclass of Ig may be identified by using monospecific antisera. For example, glomerular IgE deposits were recently reported in patients with lipoid nephrosis; however, the finding has not been subsequently confirmed [26, 27]. Granular mesangial deposits of IgA, as the predominant immunoglobulin, have been identified in Henoch-Schonlein purpura [28, 29], as well as in patients with recurrent and often benign hematuria [30–32]. Although the IgA deposits usually contain IgG and C (and involve the GBM as well in Henoch-Schonlein purpura), their predominance and localization has generated great interest. The granular nature of the deposits would

suggest their origin as immune complexes and their localization predominantly in the mesangium would suggest that they were relatively large and insoluble, thus leading to a mesangial localization and relatively benign clinical pathology. Binding of IgA to bacterial products lodged in the mesangium could also be considered and should be determined. Granular IgA GBM deposits may also be diffuse and are frequently present in patients with SLE [33].

Based on findings in animals (serum sickness, viral infections, etc.) and on an ever increasing number of human examples (Table 2) most, if not all, kidneys containing granular deposits of Ig are presumed to have immune complex deposits. It goes without saying that intensified efforts must be made to identify the antigen-antibody systems in each patient. If sufficient tissue is available, the immune complexes may be removed for study by elution in buffers known to dissociate antigen-antibody bonds. The eluted materials can then be studied by a variety of immunologic and physical chemical techniques in order to define the nature of the antigen and the antibody specificity. In experimental serum sickness in which radiolabeled antigen or antibody is used, it is possible to easily elute about 70% of the bound immune complex material; however, if no attempt is made to separate the antigen and antibody while still dissociated, upon return to

physiological conditions they will recombine (70%) and probably be lost to further study. Since the antigen is usually unknown, multiple methods may need to be tried before a satisfactory separation is accomplished. In addition to separating the antigen and antibody, destruction of the antigen (or antibody), as in the case of DNA with DNAase, would also reduce recombination.

If only biopsy specimens are available, immune-complexed antigen may be sought using immunofluorescence. Since antibody from the circulation may have covered the antigenic portion of the immune complex, partial elution may be required to uncover sufficient antigenic sites for detection with the fluoresceinated antiserum. Glomerular immune-complexed antibody may be similarly sought using fluoresceinated or radiolabeled antigen.

Detection of similar antigen-antibody complexes in the circulation would establish their nonrenal origin and has been undertaken successfully in animals with serum sickness and viral nephritis, as well as being suggested by serial fluctuations of circulating DNA and anti-DNA in humans with SLE. Cryoglobulins in patients with nephritis may also be a relatively easily isolated serum fraction in which to detect immune complexes. Sensitive and clinically applicable methods of detecting circulating immune complexes have been slow in coming. Sera with decreased complement concentrations or anticomplementary activity should be suspect. Analytical and sucrose density ultracentrifugation, gel filtration and Clq and monoclonal rheumatoid factor precipitation are of varying sensitivity and reactivity, and serve primarily as research tools. Platelet aggregation, although perhaps more sensitive, is plagued by nonreproducible platelet preparations. Two methods under current investigation, complement consumption utilizing minute and limiting quantities of complement [34] and binding of complexes to either Ig or C receptors on cultured lymphocytes, show promise [35]. If such techniques were to be successful, they would play as prominent a role in diagnosis of nephritis as does detection of anti-GBM antibodies. They would also be helpful in determining optimum timing for renal transplantation in an attempt to avoid recurrent immune complex glomerulonephritis.

The patient's physician must serve as a detective, narrowing the field of potential antigen-antibody systems which could act either singly or in combination to produce the numerous, as yet "idiopathic," forms of glomerulonephritis with granular glomerular Ig deposits (presumed immune complexes). A careful history and clinical evaluation should cover possible antigen exposure, including drugs and inoculation; associated microbial infections, including persistent

viral infections, such as hepatitis; renal trauma and vascular insult or toxic exposure; neoplasia; and associated autoimmune responses, such as thyroiditis or SLE. Since chronic viral infections are nearly universally associated with immune complex glomerulonephritis in animals, viral infections would be suspect in man as well. Attempts to measure circulating antiviral antibody responses have not resulted in detection of common agents; however, isolated and unexplained elevations in antibody response have been seen, especially in patients with SLE [36]. Attempts to isolate viral agents from renal biopsy tissue have been disappointing [37] and, even if successful, the isolate would be difficult to relate to immune complexes. Virus-like particles in endothelial cells so common in SLE are now being found with increasing frequency in other conditions [38] and may only reflect degenerative changes within the cell. If circulating antigen and antibody were present in nearly equivalent proportions, they would combine and neither would be detectable by the usual immunologic techniques, a common situation in viral nephritis in animals. It may then be profitable to utilize other measures of immunity, such as cellular sensitivity, to detect otherwise "masked" antibody responses as a lead to antigen-antibody systems involved in a particular case. Table 2 lists a number of presumed immune complex glomerulonephritides in which antigen identification should be relatively easy. Also included are conditions such as sarcoidosis and neoplasia in which antigen identification could result in an understanding of the etiology of these otherwise obscure conditions.

Immune complexes may induce arterial as well as glomerular injury as, for example, in SLE. Hepatitis SH antigen-antibody complexes have been found in vascular lesions of some polyarteritis patients [39, 40] and may produce glomerulonephritis as well [41]. Immunofluorescence studies of glomeruli of patients with Wegener's granulomatosis [42] and some patients with scleroderma [43] suggest that immune complexes may be implicated in these conditions as well. Vascular deposits of Ig, C and FRA have been found in patients with malignant hypertension ([44, 45], C. B. Wilson, unpublished observations). It is not known if such deposits have immunologic specificity or are merely trapped in areas of inflammation; findings of elution studies would be of particular interest. Absence of Ig and C in renal problems associated with consumptive coagulopathy in which FRA are prominent, such as the hemolytic uremic syndrome [46, 47], suggests that immune reactions of the types here discussed are probably not involved. Likewise, immunopathologic studies of the pathogenesis of familial nephropathy

have not shown that either anti-GBM antibodies or immune complexes are involved [48, 49]. Mauer and associates have recently observed that Ig and C deposits accumulate in glomeruli of rats with experimental diabetes mellitus [50, 51]. These findings should renew interest in immunopathologic studies of the renal involvement found with this disease in man.

Complement and glomerular disease. Depressions in serum C have been used to implicate immune processes in the production of glomerular disease. Indeed, hemolytic C (CH50) is often depressed in acute poststreptococcal glomerulonephritis and SLE; however, in many other presumed immune complex types of glomerulonephritis, as well as in anti-GBM antibody induced nephritis, serum C concentrations are often normal [52]. The recent recognition of alternate C activation, beginning at C3 and bypassing the classical C1-4-2 reaction, has emphasized the need to detect both early and late acting C components in the serum [53, 54]. The alternate pathway, which involves the interaction of an as yet incompletely defined series of proteins, including properdin [55], C3 proactivator [56, 57] and the C3b fragment of C3 [58, 59], may be activated by immunoglobulin, including IgA and nonimmune means with bacterial lipopolysaccharides, yeast (zymosan) and particulate inulin. Factors are present in the sera of some hypocomplementemic patients which can activate this pathway [60]. Such factors are detectable by observing their ability to activate C3 in normal serum (detected by changes in electrophoretic mobility) or to lyse glutathione sensitized red blood cells (C. M. Arroyave, E. H. Vallota, and H. J. Müller-Eberhard, in preparation). This so called C3 nephritic factor(s) which persists after nephrectomy is now thought to be an activated normal constituent of the initial stages of the alternate pathway, reacting before properdin [61]. C3 depression without concomitant depression of initial C components (C1, C4, C2) [62], as well as decreased properdin [63] and C3 proactivator [64] concentrations, suggest utilization of the alternate pathway and is typical of childhood hypocomplementemic glomerulonephritis and, to a lesser extent, acute poststreptococcal glomerulonephritis. Utilization of the entire C sequence in addition to properdin is seen in SLE and indicates classical C activation with possible additional alternate C pathway activation.

The serum observations can be extended to immunofluorescence detection of C components in glomeruli. The presumed immune complex glomerulonephritides, as identified by granular Ig deposits, are almost always associated with granular C deposits [65]. Both initial and late acting components are usually

present, indicating classical activation has occurred. In anti-GBM antibody nephritis, C deposits are found in 65 to 75% of patients; and in many of these patients the deposits are less striking than the Ig deposits and are usually interrupted and irregular rather than linear. When C3 is present, both early and late acting C components can usually be identified. In one-third to one-fourth of patients who have few or no C deposits, other as yet unidentified pathways must be responsible for the antibody-induced injury. No obvious differences in the severity of the clinical courses of patients with anti-GBM nephritis have been related to the presence or absence of C deposits in the few patients thus observed [65].

In about 10% of renal tissue studied (usually from patients in advanced stages of glomerular injury), C3 (Table 1) and later acting C components may be present in the absence of Ig and initial C components [65]. Properdin may also be detected [66]. Similar findings have been observed in childhood hypocomplementemic glomerulonephritis, but even then the majority of patients have Ig and initial C components sometime during the course of their disease [67]. Little is known about the relative disappearance rates of Ig and C from glomerulonephritic kidneys, but limited serial observations suggest that C may persist or even increase while Ig becomes undetectable. Indeed, we have observed kidneys in which Ig and both initial and late C components are present in a minority of glomeruli, while only intense C3 and later C components are found in the majority of glomeruli [65]. This suggests a transition in pathogenesis is occurring, with perpetuation of a preceding immune complex-induced glomerular injury through an as yet unexplained continuing C deposition possibly utilizing the alternate C pathway.

Tubular and interstitial injury. Interest is beginning to focus on immune processes which may produce tubular and interstitial injury, either associated with glomerulonephritis or occurring as a primary disease [68, 69]. Seventy percent of patients with anti-GBM antibody-induced nephritis have evidence of anti-TBM antibodies as well. The reactivity of the anti-TBM antibodies is usually restricted to a portion of the tubules, but occasionally may be more generalized. Infrequently, anti-TBM antibodies without associated anti-GBM reactivity can be identified in allografted kidneys [70] and in association with methicillin toxicity (W. A. Border, D. H. Lehman, J. D. Egan and C. B. Wilson, in preparation).

Granular deposits of Ig and C which suggest immune complexes are found in the TBM, peritubular capillaries and/or interstitium of almost 75% of SLE kidneys. Similar extraglomerular deposits are in-

frequent in other immune complex glomerulonephritides (D. H. Lehman and C. B. Wilson, in preparation). Many kidneys, occasionally essentially normal ones, have tubular and vascular deposits of C3 in the absence of Ig.

Granular immunoglobulin deposits in and about the TBM, peritubular capillaries and in the interstitium are presumed to represent immune complex deposits. In experimental serum sickness it has been possible to demonstrate antibody, antigen and C in similar locations, indicating that they are probably combined as immune complexes. Granular deposits of unknown origin and significance are also observed in renal tubular cells, and are often associated with the TBM in rabbits immunized with renal tubular antigens. Electron microscopic localization of these deposits between the renal tubular plasma membrane and the TBM suggests that they may represent *in situ* formed immune complexes, similar to those seen in experimental and clinical thyroiditis.

Immunopathologic studies of renal transplants. Immune injury to renal transplants may occur acutely within minutes of transplantation or over prolonged periods of time [71]. Hyperacute rejection is induced by preformed antibodies which can sometimes be demonstrated by immunofluorescence as being diffusely bound to the vascular endothelium [72]. Tissue injury is mediated at least in part by polymorphonuclear leukocytes and coagulation, with FRA depositing heavily in glomeruli and vessels. The amount of fibrin present often makes it difficult to be certain that accompanying Ig and C deposits have immunologic specificity, since they may merely be trapped within a fibrin coagulum. Quantities of antibody sufficient to induce hyperacute rejection may also never reach the concentration necessary for immunofluorescence detection.

The same immunopathologic techniques utilized to identify the immune processes responsible for primary disease are applicable to the study of more chronic immune injury in renal transplants. Interpretation of the findings is complicated by the multiple events which may take place simultaneously in the transplant. First, the transplanted kidney is subjected to the same immune processes which were responsible for the patient's original renal disease. Second, allografts are exposed to varied immune responses generated by the rejection process. Also, the allograft can potentially induce immune responses to renal constituents not usually histoincompatible, such as basement membranes and renal tubular antigens, thus stimulating production of potentially nephrotoxic anti-basement membrane antibodies and circulating immune complexes. Third, administration of various immuno-

suppressive regimens, including foreign serum proteins in the form of antilymphocyte sera, almost surely modifies the contributions of the other two major factors.

Recurrence of glomerulonephritis in renal transplants has been clearly shown in transplants in rats with autologous immune complex glomerulonephritis [73] and in unmodified renal transplants from identical human twins [74]. In this latter instance, glomerulonephritis recurred in 11 of 18 patients within six years of transplantation, while similar lesions were not observed in nonglomerulonephritic patients in the same series. Anti-GBM antibodies can also cause recurrent glomerulonephritis, particularly when they are present in the circulation at time of transplantation [2, 75, 76]. Immunofluorescence and elution studies can confirm the presence of anti-GBM antibodies in the transplant. To complicate matters, anti-GBM (C. B. Wilson, unpublished observations) and anti-TBM antibodies [70] related to immunologic stimuli from the grafts may develop in transplanted patients. Adequate pre- and posttransplant studies are required to document recurrence of anti-GBM nephritis.

Clinical, morphologic and/or immunofluorescence studies strongly suggest recurrence of "IgA-IgG nephritis" [30], idiopathic nephrotic syndrome [77], dense deposit disease [78] and hypocomplementemic glomerulonephritis [79] in renal transplant patients. That immune complex-induced glomerular injury can recur in transplants (as demonstrated by immunofluorescence and morphologic observations) can scarcely be doubted; however, a true recurrence cannot be confirmed until identical antigen-antibody systems can be identified in both the native and transplanted kidneys. Induction of autologous immune complex nephritis by implantation of unvascularized kidneys in the peritoneal cavity of rats [80] and induction of nephritis in graft *vs.* host reactions in which H2 antigens may be involved in immune complex formation [81] indicates that antigens within a renal transplant are potentially capable of inducing immune complex nephritis. Only when techniques are developed to detect the antigenic component of immune complexes will these complicated problems be solved.

Renal allografts that are rejected within the first few days may have few or no detectable Ig or C glomerular deposits, and vascular deposits of Ig, particularly IgM, C and FRA vary. Long-term renal allografts frequently have irregular glomerular deposits of Ig and C deposits often similar to those seen in patients with immune complex glomerulonephritis [82-84]. Vascular deposits of Ig and C are also frequent. Since similar deposits are occasionally observed in patients without previous glomerulone-

phritis, it is apparent that, in some instances, these deposits are related to immune processes directed against the graft rather than to recurrence of a nephritic process. In our experience, Ig and C deposits in glomeruli of transplants are most frequent in patients with a previous glomerulonephritis. These observations are similar to those made in identical twins. When glomerular deposits do occur in non-nephritic transplanted patients, their occurrence seems to be related in part to the degree of histoincompatibility (as currently detected) between the graft and the recipient, with patients thought to have HLA-identical matches having fewer deposits. Only greatly expanded pre- and posttransplant studies and advances in immune complex antigen identification can determine the relative frequencies of recurrent nephritis and rejection-related immune injury. The potential development of serum sickness and antibasement membrane nephritis [85] must also be kept in mind when transplant recipients are receiving antilymphocyte globulin preparations.

Conclusions. The mechanisms and diagnostic features of immunologic renal damage have been outlined. Identification of the nephritogenic GBM antigen(s) and the events responsible for induction of the "autoimmune" anti-GBM response are being studied. Many investigators are searching for the antigen-antibody systems which could be responsible for the many presumed immune complex human glomerulonephritides identified now only by their granular glomerular Ig and C deposits. To aid in this search, physicians, by being alert to potential immune responses in individual patients, can narrow the almost limitless antigenic possibilities to a few testable systems. The existence of alternate and possibly non-immune complement activation suggests a possible additional mechanism of glomerular injury. It is also becoming increasingly clear that immune mechanisms similar to those producing glomerular injury may be involved in tubular and interstitial injury; this points out the need for correlative immunopathologic, structural and functional studies of tubules.

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